

St. Paul the Apostle Parish



Lincoln Park

Fr. Leonard F. Villa, Pastor

Fr. George Valliamthadathil, M.S.F.S.

Fr. Michael J. Morrow

Deacon Rudolph Teng

Deacon Thomas Barbagallo

Masses

Saturday 9:00 AM Sunday Vigil 5:00 PM
Sunday 7:45 AM, 9:15 AM, 10:45 AM, 12:15 PM
Latin Mass 1:30 PM, first three Sundays
2:30 PM fourth Sunday of the Month.
Weekdays 9:00 AM
Holy Days 9:00 AM, 7:30 PM

Rectory 602 McLean Ave., Yonkers, NY 10705
Tel: 914-963-7330
Fax: 914-963-1952

Religious Education Office

Jackie Barton - Coordinator of Religious Education
602 McLean Ave., Yonkers, NY 10705
Tel: 914-965-9333

Sacrament of Baptism

Sundays at 2:45pm except the 4th Sunday of each month by appointment

Sacrament of Reconciliation

Saturday 4:00-4:45 PM. Anytime requested.

Sacrament of Marriage

Six months advance notice is mandatory.
Marriage preparation course required.
Call rectory for appointment.

Sacrament of the Sick

Call the rectory for attention to home-bound

Parish Registration

Contact the rectory

Parish

Website: www.stpaulyonkers.org
E-mail: stpaulyonkers@gmail.com

Parish Meetings

Monday	6:45 PM St. Paul's Folk Dance
Tuesday	7:30 Legion of Mary
Tuesday	8:00 PM Prayer Group
2nd Tuesday	8:00 PM Men's Group
Wednesday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM A.A. Open Meeting
Thursday	7:00 PM Al-Anon
1st Friday	9:30-11:00 Adoration
Friday	7:30 PM Boy Scouts
Saturday	9:30 AM Religious Educ. PreK-8
Sunday	7:00 PM A.A. Beginners Meeting

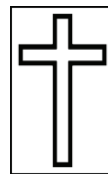
Pregnancy Hot Line

Tel: 800-640-0767



FIFTH SUNDAY IN ORDINARY TIME

FEBRUARY 8, 2026



MASS Intentions

Saturday Feb. 7, 2026

5:00 Denis Moran (living) M/M Robert O'Leary

Sunday Feb. 8, 2026

7:45 For the People of the Parish

9:15 Armando & Maria Luisa DeLuccia Pia

10:45 Alice Foley Evelyn

12:15 Mary Feerick Della Flynn

1:30 Paul Pleho & family (living) Alicia Boland

Monday Feb. 9, 2026

9:00 Michael James O'Hara (living)

12:00 Megan Walsh (living)

Tuesday Feb. 10, 2026

9:00 Sally McGreal Mary Beirne

Wednesday Feb. 11, 2026

9:00 Mrs. Lerner (living) Joanne O'Leary

12:00 For Holy Souls

Thursday Feb. 12, 2026

9:00 Margaret Houlihan & Family (living)

12:00 Angela & Linda DeVito (living)

Friday Feb. 13, 2026

9:00 Joanna DePamphilis Smyth family

Saturday Feb. 14, 2026

9:00 Jeremiah O'Connor (Bday Memorial)

12:00 Kathy & Helen Brady Legion of Mary

5:00 Catherine Colman St. Paul's Prayer Group

Sunday Feb. 15, 2026

7:45 Willie Reynolds Maurice & Kathleen O'Sullivan

9:15 For the People of the Parish

10:45 St. Paul the Apostle Purgatorial Society

12:15 Jim Courtney Margaret Courtney

1:30 Deceased Members of the Boland Family



Pray FOR THE SICK

Richard Lyons, Grace Lyons, Joseph Molack, Antone Flores, Victor Fierro, Timothy O'Connor, Valentina Rakaj, Maureen Pastor, Pete Coppia, Rosemary Libre, Steven Guzzardi, Leny Sunaz, Bridig Robinson, Kathleen Kerrigan, Carol Saxe, Maria Toppi, Eleanor Coloso, Sonny Tiongson, Camielle Moynihan, Eileen Coughlin, Carol O'Neill, Jane Curtin, Rose Rampa, Willi Dunz, Noemi Asuncion Bernardez, & Patrizia DeGiovanni



Please remember in prayer all those who died this week especially, Roger Monroid, Richard LeBlanc, Timothy Michael Carney, Msgr. Jerry Rebanal, Patricia Fleming, Fr. James Borstelman, Joann Rosiello, and those who mourn them.

LECTORS:

Feb. 7th 5:00 D. Douglas

Feb. 8th 7:45 S. Abraham

10:45 K. Snyder

9:15 J. Barton

12:15 E. Slattery

We are thankful for your consistent stewardship.

STEWARDSHIP: Week of February 1, 2026

1st Collection \$5,514

2nd Collection \$1,385

Shrines \$224

On line giving \$1,700

Total \$8,823

Thank you for your continued support of our Parish and its many needs. Your financial generosity for the upkeep of our Parish buildings and programs is essential and greatly appreciated. To sign up for WeShare go to stpaulyonkers.org and click "Online Giving". Thank you for your generosity!



According to the *Compendium of the Catechism of the Catholic Church* (paragraph 377, citing CCC 1803), a **virtue is a firm, habitual, and stable disposition to do good. It enables a person to perform good acts**, choose the good in concrete situations, and give the best of themselves, with the goal of becoming like God.

- **Habitual Disposition:** Virtues are not just one-time actions, but deeply ingrained habits that make doing good easy and consistent.

According to the *Compendium of the Catechism of the Catholic Church*, a **vice is a contrary habit to virtue, defined as a perverse disposition of the mind that inclines one to evil and causes one to avoid doing good**. Vices are formed by the constant repetition of sinful acts. They darken the conscience, incline toward evil, and are often linked to the seven capital sins.

- **Definition:** Vices are bad habits (dispositions) that result from repeated sinful actions.
- **Relationship to Sin:** While a sin is a passing act, a vice is the ingrained habit or disposition to commit such acts.

The seven capital (or deadly) sins—pride, avarice (greed), envy, wrath, lust, gluttony, and sloth—are considered the root vices that engender further sinful acts, often described as their "daughters" or offspring. These manifestations represent specific actions and behaviors arising from the core vice.

The Seven Capital Sins and Their "Children" (Manifestations)

- **Pride (Superbia):** Boasting, hypocrisy, arrogance, obstinacy, self-exaltation.
- **Avarice/Greed (Avaritia):** Treason, fraud, falsehood, theft, violence, hardheartedness.
- **Lust (Luxuria):** Blindness of mind, rashness, inconstancy, disordered self-love, hatred of God.
- **Wrath (Ira):** Indignation, swelling of the mind, clamor, blasphemy, disputes.
- **Gluttony (Gula):** Dullness of mind, foolishness, unseemly joy, scurrilousness.
- **Envy (Invidia):** Detraction, gossip, joy at another's misfortune, grief at another's prosperity.
- **Sloth/Acedia:** Laziness, despair, faint-heartedness, sluggishness, malice.

In Christian tradition, the **Seven Heavenly Virtues** (also called capital or contrary virtues) serve as direct spiritual antidotes to the **Seven Capital Sins**. These virtues were popularized by the 5th-century poet Prudentius to help practitioners overcome specific vices.

- **Humility** (opposes **Pride**): Recognizing one's dependence on God and valuing others over oneself rather than seeking self-exaltation.

- **Charity / Liberty** (opposes **Greed / Avarice**): Love in accord with God's love a certain friendship with God.
- **Chastity** (opposes **Lust**): Maintaining purity in thought and action, **chastity** is a moral virtue, a gift from God, and a form of temperance, restore order to sexual desires healing the disorder of lust, so to follow and respect the plan of God for human sexuality
- **Kindness / Brotherly Love** (opposes **Envy**): Rejoicing in the good fortune of others and having compassionate concern for them instead of resentment.
- **Temperance / Abstinence** (opposes **Gluttony**): Exercising moderation and self-discipline regarding food, drink, and other physical desires.
- **Patience / Meekness** (opposes **Sinful Anger**): Responding to adversity with forgiveness and seeking peaceful resolutions rather than uncontrolled anger.
- **Diligence** (opposes **Sloth**): Demonstrating a steadfast work ethic and perseverance in fulfilling our duties to pray, worship God and obey His Commandments (END)

There Is No Unity Without the Truth

We just celebrated the Church Unity Octave Prayers praying for the restoration of unity of separated Christians with the Catholic Church. In many places, however, the purpose of the prayers for unity have lost their purpose and degenerated into happy-talk rather than the restoration of separated Christians into unity with Christ's Church. Hence a reminder that there is no real unity without the truth. So, the following needs to be avoided: **first the idea that unity is achieved at the price of clarity**. If unity is pursued by the weakening of Catholic doctrine, then it is no longer unity in truth, but a suspension of truth in the name of unity.

The second is the reversal of the sacramental order. Holy Communion is not a therapeutic tool for producing unity; to receive Communion is the sign of the existing unity of the Catholic Church: unity in doctrine, worship, and government.

The third unity is not something brought about by individuals and their goodwill. It is a work of the Holy Spirit and is beholden to the truth. Catholic unity means one in doctrine, worship, and government as given to us by the Lord through the Apostles.

The fourth which summarizes the previous ones: when unity is treated as a separate value, separate from the question of truth, then the process becomes one of happy talk, compromise, a human process of good feelings, rather than a gift from God, and faithful to the truth of the Faith not empty slogans. With respect to slogans Pope Benedict XVI, reacted to this one, before he became Pope:

He strongly criticized the phrase "God yes, Church no," calling it a dangerous illusion. In an interview he explained that separating God from the Church reduces God to a projection of one's own desires, making Him manipulable rather than a true, personal, and demanding reality. **God is not an abstract idea but a concrete presence in the Church**, which is the living body of Christ. To reject the Church while claiming to believe in God, he argued, is to create a god of one's own making—**not the true God who calls us to obedience and truth**.

He further warned that this mindset leads to a spiritualized, self-centered religiosity that avoids commitment and responsibility. In contrast, he emphasized that **true faith requires a "yes" to both Jesus Christ and His Church**, which is the visible, historical vessel of divine revelation. His theology consistently stressed that **the Church is not a human institution to be rejected, but the necessary means through which Christ's truth and salvation are made present in the world**.



St. Patrick/St. Joseph Day Dance will be held on March 14th. More info. to follow

Foundations of Faith - February 11th & 12th - A Journey Through the Catechism of the Catholic Church presented by Fr. Morrow on Wed. at 7:30PM or Thurs. at 10AM (same presentation). For questions call 914-965-9333.

FORMED

Bible Study and More! Go to stpaulyonkers.formed.org and register which gives you access to quality Catholic on line programs, movies, audios, and books. On Wednesday we celebrate Our Lady of Lourdes. Watch: *Bernadette, The Passion of Bernadette, Lourdes: A Story of Faith, Science & Miracles*, or for children: *Bernadette: Princess of Lourdes*. On the 14th we remember St. Valentine. Study: *Beloved: Living Marriage*, or Watch: *Marriage: God's Design for Life and Love*.

Grown-up Faith Formation - The Legion of Mary is offering a monthly opportunity for you to learn about/refresh your memory on our Faith (and you get to have coffee/tea and a nosh). It might be what you need to find some peace and to get some answers to questions. There will be an opportunity for Confession (don't worry if it has been a while). Saint Paul School Cafeteria, Saturday, February 28th from 9:30am - 11:00am

Catholic Widows and Widowers of Yonkers will meet on Thurs, Feb 19th, 12:30pm, St. Ann's Church, Fr. Anthony Hall. Info: 914.423.5331. New members are always welcome.

Tax statements for your church contributions are available, at your request, at the rectory. Please call the rectory weekdays before noon or preferably email your request to stpaulyonkers@gmail.com and a statement will be mailed to you.

St. Paul the Apostle Charismatic Prayer Group - Celebrating 50 Years of Faith and Fellowship

Join us on our journey to the heart of God, as we celebrate an incredible milestone this year.... Every Tuesday - 8:00 PM – St. Paul's School Cafeteria. Experience an uplifting evening of prayer, fellowship, and inspiration as we grow together in our faith. We look forward to welcoming you! Inquiries, call (914) 318-8787

St. Joseph's Seminary and College in Yonkers will be hosting an evening lecture entitled, "Artificial Intelligence (AI) and the Nature of Human Knowing" Speaker: Dr. Kevin Birth, Professor of Anthropology at Queens College, CUNY. Thursday, March 26th, 7:00 pm at St. Joseph's Seminary Prayer Hall and online via Zoom. Tickets: \$25 (plus fees) For more Information and registration: SJSSpringAcademicLecture2026AI.eventbrite.com or St Joseph's Seminary Academic Office - sjsacademics@dunwoodie.edu or 914-968-6200

The Matthew Wallace Foundation hosts Matt's Grab-n-Go with essential items, Wed., Feb. 11th, 11:30am, at Kerry Hall, 305 McLean Avenue. Must be a Westchester resident with a valid ID.

The Serra Club of the Bronx and Westchester will be holding its monthly luncheon meeting on Wednesday, February 25th @ 12 noon at the Eastwood Manor, 3371 Eastchester Road, Bronx, 10469. The guest speaker is Fr. Shane Johnson, pastor of St. Margaret Mary Alacoque RC Church. Five course luncheon provided at \$45 per person. Please call Carl Lanzano (718)325-4706 by February 15th if you plan to attend



the **CARDINAL'S**
ANNUAL STEWARDSHIP APPEAL
Sharing God's Gifts

We are "kicking-off" this year's *Cardinal's Annual Stewardship Appeal*. As a pillar to the resources funding the ministries and programs that change lives and impact countless New Yorkers, we are being asked, as Catholics of the Archdiocese of New York, to join together in participating in this year's *Appeal*. This year, our parish is asked to raise \$50,000 of the \$21M goal for the *Appeal*. {Last year, thanks to 100 participants we were able to reach 110% of our goal.} Please know that if all of us here today participate we will easily reach our goal this year.



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