

*Happy Father's Day*



*For I have chosen him,  
so that he will direct his children...  
to keep the way of the Lord.* ©JPPC

*Genesis 18:19*

*Saint Paul the Apostle Parish  
Fr. Leonard F. Villa, Pastor*



# TWELFTH SUNDAY IN ORDINARY TIME

## JUNE 21, 2026



### MASS Intentions

**Saturday** June 20, 2026  
5:00 Robert, Dorothy & John O'Neill

**Sunday** June 21, 2026  
7:45 Peter Daly Daly family

9:15 For the People of the Parish  
10:45 Patrick Donnelly Family

12:15 Giuseppe & Nello Imbrogno Family  
1:30 The Scott Family (living) Kathleen Scott

**Monday** June 22, 2026  
9:00 Unateresa Shehan Gormley Justin Reagan

12:00 Deceased of the Scott Family Kathy  
**Tuesday** June 23, 2026

9:00 Tomas Macias (living-Bday) Jacob family  
**Wednesday** June 24, 2026

9:00 Alfie Lambe Legion of Mary  
12:00 Cornelius Douglas Desmond Douglas

**Thursday** June 25, 2026  
9:00 Silverio & Evelyn Sermento family

12:00 Daniel & Hazel Henry Laura Winterroth  
**Friday** June 26, 2026

9:00 Julian, Edward, Eamon Byrne  
**Saturday** June 27, 2026

9:00 Alice Clery (living) Religious Ed  
12:00 Daniel Curtin Carmel Galvin

5:00 James Foley Evelyn  
**Sunday** June 28, 2026

7:45 Sarah & Ray Haack Haack family  
9:15 Ken Zaepfel (living) Religious Ed

10:45 Mike Oshea Curtin family  
12:15 For the People of the Parish

2:30 Thomas Ferguson Laura Winterroth



Richard Lyons, Grace Lyons, Joseph Molack, Victor Fierro, Timothy O'Connor, Valentina Rakaj, Pete Coppa, Rosemary Libre, Bridig Robinson, Kathleen Kerrigan, Carol Saxe, Maria Toppi, Camielle Moynihan, Eileen Coughlin, Carol O'Neill, Jane Curtin, Rose Rampa, Willi Dunz, Noemi Asuncion Bernardez, Patrizia DeGiovanni, Carol Santini, Victor Fierro, and Ed Catis.



Please remember in prayer all those who died this week especially, Fr. Harry Burke, David D. Williamson, Gerard O'Sullivan, and those who mourn them.

**LECTORS:**

June 20 <sup>th</sup>	5:00 D. Douglas	
June 21 <sup>st</sup>	7:45 S. Abraham	9:15 A. Canale
	10:45 A. Urgola	12:15 F. Brady

*We are thankful for your consistent stewardship.* ©PPC

**STEWARDSHIP: Week of June 14, 2026**

1st Collection	\$3,973
2 <sup>nd</sup> Collection	\$931
Shrines	\$185
Online giving	\$2,300
<b>Total</b>	<b>\$7,389</b>

Thank you for your continued support of our Parish and its many needs. Your financial generosity for the upkeep of our Parish buildings and programs is essential and greatly appreciated. To sign up for WeShare go to [stpaulyonkers.org](http://stpaulyonkers.org) and click "Online Giving". Thank you for your generosity!

## Is AI Making Us Intellectually Dumb?

by Gary Isbell



A recent study from the Massachusetts Institute of Technology (MIT) suggests a rather unsettling reality: our Artificial Intelligence (AI) tools breed intellectual laziness. By offloading essential tasks like writing, coding and critical thinking to machines, we are causing our cognitive skills to wither away.

Convenient “prompt and accept” dependency is replacing mental effort, memory retention and problem-solving skills. Thus, users avoid suffering but end up with reduced brain engagement, fading memories and a tragic deficit of original thought. In a few short years, AI tools have evolved from a novelty to a critical mass phenomenon, quietly permeating every corner of our digital lives. Giants like ChatGPT, Claude, Microsoft Copilot and Gemini are now our mechanics, chefs, personal assistants and ghostwriters. There are even AI tools that analyze books, articles and podcasts, saving people the effort of reading or listening to them.

Indeed, the alarming results of the MIT study make perfect sense: when the machine does the heavy lifting, the brain takes a nap.

### Wiring the Brain for Vice, Not Virtue

The MIT study titled “*Your Brain on ChatGPT: Accumulation of Cognitive Debt when Using an AI Assistant for Essay Writing Task*” highlights the cognitive cost of using large language models (LLMs). Researchers divided a pool of 54 participants into three groups and tasked them with writing several SAT-grade essays. The first group was given access to ChatGPT; the second was limited to Google Search; the third was left to develop their essays without any search resources.

All participants wrote over time while connected to electroencephalograms (EEG) to monitor brain activity across 32 regions. The results were as fascinating as they were grim.

Across all essays, ChatGPT users showed the lowest brain engagement. Even worse, their brain activity declined as the assignments progressed.

The ChatGPT participants grew intellectually lazier with each essay, since many resorted to copy-and-paste routines. This group underperformed across all neural, linguistic and behavioral levels. AI facilitated the vices of laziness, agitation and dissipation.

## **The Memory Deficit and the Discrete Joy of the Struggle**

The study also showed the link between reduced brain activity and long-term memory. At the end of the test, all participants were asked to reproduce one of their earlier essays—this time without any digital assistance.

The participants in the brain-only and search-assisted groups performed admirably. The ChatGPT group, however, showed little evidence of remembering what they had “written.”

Participants in the brain-only group also reported higher satisfaction and creativity and showed stronger brain connectivity. Meanwhile, essays generated with the help of AI meant little for those who had spent less time thinking about their work. They even failed to quote from their own pieces.

## **The Use of AI Does Not Affect all Minds Equally**

The human brain does not reach full maturity until the mid-20s or early 30s. The last area to develop is the prefrontal cortex, the biological headquarters for complex decision-making, planning and impulse control. Thus, the growing dependence on AI among those under 30 is a cause for concern, as the long-term consequence will be an underdeveloped intellect.

Our tools influence our thinking. The “Google effect,” for example, diminished our need to remember things because of the ease of finding information on the Internet. Today, AI is affecting our cognitive skills because we are offloading tasks that support healthy brain development.

AI does not affect all brains equally. The study noted that a small subset of participants (less than 10 percent) used AI as a tool to gather data, which they then analyzed themselves. These individuals wrote more accurately, made sharper predictions and exhibited robust brain activity.

## **Will AI Eventually Devour Itself?**

The MIT study was released just as early signs of “AI model collapse” were emerging. This phenomenon refers to the process by which AI tools cannibalize themselves. Think of it as a global, high-tech game of Telephone, where a whisper is passed from person to another, losing accuracy as it gains momentum and scope.

Indeed, AI continually recycles its own inaccuracies since it often draws from gossip fences like Reddit, X and TikTok. Its accuracy degrades accordingly.

## **Augmentation or Abdication?**

Just as the printing press did not eliminate the need to learn how to read, AI does not absolve us of the responsibility to think. Yet today we face the quiet, comfortable surrender of our own rational quality.

The reliance on AI threatens our ability to solve problems, communicate and thrive as a society. As we integrate these tools into our classrooms, workplaces and daily lives, we are walking a razor-thin line between enhancing or diminishing our intellectual skills.

The inconvenient questions we should be asking are: Are we using AI to develop our intellectual potential? Or are we simply handing the keys over to the robots and going to sleep?

**Father's Day Remembrance** – There are envelopes available in the rear of the church for Father's Day. Fill in the names of your loved ones and return to be placed on the altar for the month of June.

## FORMED

**Bible Study and More!** Go to

[stpaulyonkers.formed.org](http://stpaulyonkers.formed.org) and register which gives you access to quality Catholic on line programs, movies, audios, and books. Today is Father's Day. Listen to: *Pure Fatherhood* or *Be a Man!* Read: *Behold the Man: A Catholic Vision of Male Spirituality, The Father of the Family, Boys to Men, or Be A Man!* Wednesday is the Solemnity of the Nativity of St. John the Baptist. Study: Lectio Eucharist, Session 3: *Lamb of God, or The Wild Goose, Episode 3: Baptism in the Holy Spirit and Fire*; FORMED Now!: *Saint John the Baptist*; or Ready Reasons – *Is Baptism Necessary for Salvation*. Watch: The Nativity of John the Baptist/ Sacred Art.

**Foundations of Faith – June 24<sup>th</sup> & 25<sup>th</sup>** – A Journey Through the Catechism of the Catholic Church presented by Fr. Morrow on Wed. at 7:30PM or Thurs. at 10AM (same presentation). For questions call 914-965-9333.

**Relay** - A Catholic Path to Healing from Pornography. A fully anonymous app-based recovery program that combines clinically proven therapeutic techniques with Christian principles. Developed with input from leading Christian therapists, Relay helps individuals overcoming compulsive sexual behavior through daily structure, virtuous habits, and connection built to support long-term recovery. Manage your triggers, Practice real honesty, Uncover root issues, Track your progress, Join a global community, Get daily support. [joinrelay.app/parish](http://joinrelay.app/parish)

**Our Knights of Columbus council** is running a 50/50 raffle. Grand prize \$3000 and other lower cash prizes. Only 300 tickets will be sold at the cost of \$50 a ticket. \$7500 in prizes. 20 chances in 300 to win a cash prize. Please go to <http://www.kofc3995.org> and click on Raffle Programs at the top of the page for details.

#489 St. Paul the Apostle Page 4

**Friends of Troop 47** will be fundraising after masses during the month of June for a drawing to be held at their Annual 4th of July Ceremony at Conor Park. Winner need not be present. If the event is postponed, the draw will occur, and the winner contacted. Funds will be used to purchase new equipment. Thank you to the Parishioners of St. Paul's for your 96 years of continued support of Troop 47.



Calling all caring hearts! Join us for a **Baby Bottle Drive** to support Gianna's House Pregnancy Care Center in Brewster. Here's how you can get involved: - Pick up an adorable baby bottle after any Mass on June 27 & 28. - Fill it with love by donating spare coins, dollars or donations (checks made payable to Gianna's House). - Return your filled bottle to the church by July 12 after any Mass. Your small act of kindness can make an enormous difference in providing comfort and care to moms who need it most. Gianna's House is a Catholic pro-life pregnancy resource center helping women experiencing unexpected pregnancies to break down the obstacles they face so they can choose life for their babies. For any questions or further information, please contact:

[director@giannashouseinc.org](mailto:director@giannashouseinc.org) or visit us at: [giannashouseinc.org](http://giannashouseinc.org).

**Stay connected with the Catholic community of New York** - Visit [theGoodNewsroom.org](http://theGoodNewsroom.org) for information and updates. *The Good Newsroom* is the award-winning digital newsroom of the Archdiocese of New York, publishing videos and articles in English and Spanish daily.

St. Joseph's Seminary and College in Yonkers will be hosting a weekend contemplative symposium entitled, "Francis and Dominic: A Mysticism of the Word in the World" Be inspired by an outstanding lineup of speakers and presenters such as Most Reverend John O. Barres, Bishop of Rockville Centre, Most Reverend James Massa, Auxiliary Bishop of Brooklyn, President/Rector of St. Joseph's Seminary and more! Friday, July 24-Sunday, July 26  
Location: Seminary of Immaculate Conception - Long Island, NY. For more Information and registration: St Joseph's Seminary Event's Office - [sjs.events@dunwoodie.edu](mailto:sjs.events@dunwoodie.edu) (914) 367-8201



**Flynn Memorial Home, Inc.**  
 www.flynnmemorialhome.com  
**914-963-5178**  
 info@fmh1919.net

AMPLE PARKING | LARGE CHAPELS  
 PRE-PLANNING EXPERTS | FOREIGN SHIPPING & RECEIVING  
 CREMATION SERVICES AVAILABLE

1652 Central Park Avenue

**THE LAW OFFICES**  
 of  
**JOSEPH A. MARRA, PLLC**

Real Estate | Personal Injury  
 Elder Law | Wills, Trusts, Estates  
 Corporate | Matrimonial

**www.marralaw.com**

909 Midland Ave., Yonkers  
 (Near St. Ann's Church)  
**914.964.6806**  
 (Evening Hours By Appointment)



Dennis Bates Foreman/Estimator  
 Lou Ricci Owner



**Commercial, Residential & Industrial**  
 T: 914-375-2671 F: 914-375-3672  
 Facebook.com/HastingsRoofing  
 Email: hastings.roofing@gmail.com



**CAREY & WALSH**

**COOLING & HEATING SPECIALISTS**  
**SERVICE & INSTALLATIONS**  
**914-762-9600**

**PAULINE M. GALVIN**  
**Attorney at Law**

REAL ESTATE  
 WILLS • TRUSTS • ESTATES

849 McLean Ave. • Yonkers, NY • (914) 237-4300



980 McLean Ave. | 275 Mamaroneck Ave.  
 Yonkers, NY 10704 | White Plains, NY 10605  
**914-237-2511**  
 sales@blossomflower.com  
 www.blossomflower.com

ASK **#WHATS MYNAME**



in remembrance of *samantha josephson*

**BEFORE YOU GET IN A RIDE SHARE**

**SAMI** STOP | ASK  
 MATCH | INFORM

J.F.J. Fuel, Inc.



**"We Deliver Comfort"**

707 Nepperhan Ave., Yonkers, NY 10703  
 24 Hr. Tel. (914) 965-5395  
 www.jffuel.com

**ADIRA AT RIVERSIDE**  
 REHABILITATION

120 Odell Avenue • Yonkers, NY 10701  
**adirariverside.com • 914-964-3333**

**RESPIRATORY CARE**  
**CLINICAL EXCELLENCE**  
**REHABILITATION**  
**AMENITIES**

America's **Best Nursing Homes**




**BEST NURSING HOMES 2024**  
 Newsweek  
 statista

**Calvary Hospice**  
 Expert end-of-life care and comfort at home.

**CALVARY HOSPITAL**  
 Where Life Continues

Learn more:  
**718-518-2465**  
 calvaryhospital.org

**catholicmatch®**  
 New York



CatholicMatch.com/dateNY

**Hodder Farena Funeral Home**

OWNED & OPERATED BY  
**THE FARENGA FAMILY**  
 DIRECTORS SINCE 1896

899 McLean Avenue (914) 237-5800  
 www.HodderFuneralHome.com

*"The Difference is in The Caring"*

**EliteCare CONSULTING GROUP**  
**ARLETY SOLANO**  
 PRINCIPAL

asolano9@outlook.com  
 Elitecareconsultinggroup.com  
 (917) 547-4273

Medicare | Health Insurance | Life Insurance  
 Final Expense | Hospital Indemnity  
 Cancer Policy | Annuity

check out the latest offerings by your bulletin sponsors by downloading our free app



**QUALITY ADVERTISERS**  
*Quality Results*

FAMILIAR - TRUSTED - PROVEN EFFECTIVE  
**NOW THAT'S ADVERTISING!**

800-333-3166 ext. 161 | www.JPPC.net

**JP** JOHN PATRICK publishing company, inc.

**Finding FIBER**




**F. RUGGIERO & SONS INC.**  
 FUNERAL HOME  
 AND CREMATION SERVICES

732 Yonkers Avenue (914) 375-1400  
 Yonkers, NY 10704 www.frswfh.com

Funerals | Cremations | Preplanning

**+** American Red Cross

Someone Needs You!  
**VOLUNTEER**  
 and make a difference.  
 Join today: redcross.org/Volunteer



**MALLORY'S ARMY®**  
 Foundation

United Together In The Fight Against Bullying...  
 Don't Just Teach Kindness...  
**BE KINDNESS!**

**www.MallorysArmy.com**  
 (973) 440-8657 | info@mallorysarmy.org

*It's easy to join our mailing list!*  
 Just send your email address by text message:  
**Text MALLORYSARMY to 22828 to get started.**

Message and data rates may apply.